

MAY 2024 PLEASANTVILLE COMMUNITY SCHOOLS

BREAKFAST LUNCH



FLOWER: LILY OF THE VALLEY BIRTHSTONE: EMERALD
 MAY 1ST IS "MAY DAY" ~ SURPRISE A FRIEND
 MAY 12TH IS MOTHER'S DAY ~ CELEBRATE YOUR MOM
 MAY 27TH IS MEMORIAL DAY ~ THE DAY TO HONOR THOSE WHO DIED SERVING OUR COUNTRY.



Nutrition Tip: Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.
 Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast: Cereal & Toast will be offered with milk, juice and fruits. A second (hot) option will be available on the days indicated. Choosing the hot option will replace the choice of the cereal & toast. If a student takes both options, they will be charged for the cereal and toast as an a la carte option. 3 items are required to be a reimbursable breakfast. **Lunch:** In addition to items listed for lunch, assorted fruits and vegetables - both cooked and fresh are offered daily in MS and HS. Milk is always available in 1% white, fat free white, chocolate. A Minimum of One Fruit or Vegetable is required along with two other components to be considered a reimbursable meal. As an alternate, students may have salad bar for lunch. With this meal they must take lettuce, meat or cheese, veggies and/or fruit & bread or crackers. Cost: B: \$1.50 L: \$3.00 Reduced: B: .30 L: .40 This institution is an equal opportunity provider.

CEREAL & TOAST
 CHICKEN FRIES
 MASHED POTATOES / GRAVY
 APPLE SAUCE CUP
 GRAHAM SNACK
 May Day

WAFFLES
 ITALIAN DUNKERS
 LETTUCE SALAD
 CORN
 PEACH CUP

BREAKFAST BAR
 PIZZA
 LETTUCE SALAD (HS ONLY)
 GREEN BEANS
 TROPICAL FRUIT COOKIE

CEREAL
 CORNDOG
 FRENCH FRIES
 BAKED BEANS
 PEACHES
 6TH GRADE FIELD TRIP

PANCAKE
 MAC ' N CHEESE
 LIL SMOKIES
 CARROTS
 MIXED FRUIT GRAHAM SNACK

CEREAL & TOAST
 CHICKEN NUGGETS
 MASHED POTATOES / GRAVY
 APPLE SLICES
 GRAHAM SNACK
 5TH GRADE FIELD TRIP

BREAKFAST PIZZA
 DELI SANDWICH
 CHIPS
 FINGER VEGGIES
 TROPICAL FRUIT

CEREAL & TOAST
 TACO - MEAT CHEESE LETTUCE
 CORN
 MANDARIN ORANGES
 CHURROS
 4TH GRADE FIELD TRIP
 NO SALAD BAR ELEM

CEREAL
 CHICKEN SANDWICH
 CHIPS
 APPLE SLICES
 GRAHAM SNACK

BISCUITS ' N GRAVY
 CRISPITO
 CORN
 TROPICAL FRUIT
 CHURRO

CEREAL & TOAST
 ORANGE CHICKEN
 FRIED RICE BROCCOLI
 MANDARIN ORANGES
 FORTUNE COOKIE
 3TH GRADE FIELD TRIP

CHEFS CHOICE
 CHEESEBURGER
 BAKED BEANS
 FRENCH FRIES
 MIXED FRUIT SIDEKICK SLUSHY

CEREAL & TOAST
 PIZZA
 LETTUCE SALAD (HS ONLY)
 GREEN BEANS
 TROPICAL FRUIT COOKIE
 KINDERGARTEN FARM DAY
 SENIORS LAST DAY

CEREAL
 HOT DOG
 TATOR TOTS
 BAKED BEANS
 MIXED FRUIT NO SALAD BAR

CEREAL & TOAST
 GRILLED CHEESE SANDWICH
 FRENCH FRIES
 ICE CREAM & COOKIE
 FRUIT NO SALAD BAR

CEREAL & TOAST
 SACK LUNCH
 PBJ SANDWICH CHIPS FRUIT
 SNACKS GRAHAM SNACK
 EARLY OUT 1:00
 KDG graduation
 HAPPY last DAY OF school

MEMORIAL DAY

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