

JANUARY 2025

BREAKFAST LUNCH



Birthstone: Garnet Flower: Carnation
Nutrition Tip: Happy New Year! If you made a food resolution turn it into a real solution by teaming up with a friend and celebrating your success along the way.



"Kindness is like snow, it beautifies everything it covers."
 Kahlil Gibran



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast: Cereal & Toast will be offered with milk, juice and fruits. A second (hot) option will be available on the days indicated. Choosing the hot option will replace the choice of the cereal & toast. If a student takes both options, they will be charged for the cereal and toast as an a la carte option. 3 items are required to be a reimbursable breakfast. **Lunch:** In addition to items listed for lunch, assorted fruits and vegetables - both cooked and fresh are offered daily in MS and HS. Milk is always available in 1% white, fat free white, chocolate. A Minimum of One Fruit or Vegetable is required along with two other components to be considered a reimbursable meal. As an alternate, students may have salad bar for lunch. With this meal they must take lettuce, meat or cheese, veggies and/or fruit & bread or crackers. Cost: B: \$1.50 L: \$3.00 Reduced: B: .30 L: .40 This institution is an equal opportunity provider.

HAPPY NEW YEAR
NO SCHOOL

NO SCHOOL

NO SCHOOL

6
 CEREAL & GRANOLA BAR
 CHEESEBURGER
 FRENCH FRIES
 BAKED BEANS
 PEARS
NO SALAD BAR

7
 DONUT
 NACHOS
 CORN
 MANDARIN ORANGES
 CHURROS
NO SALAD BAR

8
 CEREAL & TOAST
 CHICKEN FRIES
 MASHED POTATOES/GRAVY
 PEACHES
 GRAHAM SNACK
NO SALAD BAR

9
 CEREAL & TOAST
 MACARONI 'N CHEESE
 MEATBALLS
 SWEET CARROTS
 MIXED FRUIT

10
 BREAKFAST PIZZA
 PIZZA
 GREEN BEANS
 LETTUCE SALAD HS ONLY
 PINEAPPLE COOKIE

13
NO SCHOOL

14
 BAGEL
 PIZZA CRUNCHERS
 GREEN BEANS
 PEARS
 ICE CREAM & GRAHAM SNACK

15
 PANCAKE ON STICK
 CHICKEN NUGGETS
 MASHED POTATOES/GRAVY
 CORN
 PEACHES

16
 CEREAL & TOAST
 BREAKFAST FOR LUNCH
 BISCUIT, EGG PATTY, SAUSAGE,
 YOGURT, TRI TATOR,
 STRAWBERRIES

17
 CEREAL & TOAST
 CHILI - CRACKERS
 FINGER VEGGIES
 APPLESAUCE
 CINNAMON ROLL

20
 CEREAL & GRANOLA BAR
 CORN DOG
 SMILE POTATOES
 MIXED FRUIT
 GRAHAM SNACK

21
 WAFFLES
 TACOS
 CORN
 MANDARIN ORANGES
 CHURROS

22
 BREAKFAST PIZZA
 POPCORN CHICKEN
 MASHED POTATOES/GRAVY
 GREEN BEANS
 STRAWBERRIES

23
 CEREAL & TOAST
 DELI SANDWICH
 WC CHIPS
 FINGER VEGGIES HS ONLY
 TROPICAL FRUIT
 COOKIE

24
 BISCUITS 'N GRAVY
 GRILLED CHEESE SANDWICH
 TOMATO SOUP
 FINGER VEGGIES
 FRUIT CUP
 GRAHAM SNACK

27
 CEREAL & GRANOLA BAR
 CHICKEN SANDWICH
 CHIPS
 BAKED BEANS
 APPLE SLICES

28
 BREAKFAST BAR
 CRISPITO
 CORN
 MANDARIN ORANGES
 CHURROS

29
 CEREAL & TOAST
 CHICKEN & NOODLES
 MASHED POTATOES
 SWEET CARROTS
 PEACHES DINNER ROLL

30
 BREAKFAST PIZZA
 PIZZA
 GREEN BEANS
 LETTUCE SALAD HS ONLY
 PINEAPPLE GRAHAM SNACK

31
 CEREAL & TOAST
 BEEFBURGER
 TRI TATOR
 FINGER VEGGIES
 STRAWBERRIES
 COOKIE & ICE CREAM CUP