## FEBRUARY 2022 PLEASANTVILLE COMMUNITY SCHOOLS



BIRTHSTONE: AMETHYST FLOWER: PRIMROSE

FEBRUARY IS ONE OF THE MOST MISSPELLED WORDS IN THE ENGLISH LANGUAGE

MANY FORGET THE FIRST "R"

"Groundhog found fog. New snows and blue toes. Fine and dandy for Valentine candy.

**PEACHES** 

GRAHAM SNACK

FITNESS TIP: TRY TO BE ACTIVE FOR 60 MINUTES OR MORE EVERY DAY. RUN, DANCE, WALK THE DOG, CLIMB STAIRS, OR PLAY IN THE SNOW IF YOU HAVE IT.

NATIONAL HEART HEALTH MONTH ~ ENJOY SOME DARK CHOCOLATE, IT'S GOOD FOR YOUR HEART,



## Snow spittin'; if you're not mitten-smitten, you'll be frostbitten! By jing-y feels spring-y MONDAY FRIDAY TUESDAY WEDNESDAY **THURSDAY** PANCAKE CEREAL & TOAST CEREAL & TOAST BISCUIT'S 'N GRAVY POPCORN CHICKEN-ELEM ORANGE CHIX-JH/HS **TAQUITOS** SPAGHETTI DELI SANDWICH CHIPS GREEN BEANS MASHED POTATOES / GRAVY RICE-JH / HS LETTUCE SALAD SWEET CARROTS TROPICAL FRUIT GARLIC BREAD FINGER VEGGIES **PEARS** PEACH CUP CHURRO PINEAPPLE GRAHAM SNACK COOKIE MUFFIN CEREAL GRANOLA BAR SCRAMBLED EGGS BREAKFAST BAR 11) 8 9 10 TACOS ~ MEAT/CHEESE/LETTUCE CHICKEN NUGGETS MACARONI 'N CHEESE RIB SANDWICH CRACKERS & CHEESE CUP CHILI CORN MASHED POTATOES / GRAVY LIL SMOKIES CARROTS / CFLFRY CHIPS APPLESAUCE **STRAWBERRIES SWEET CARROTS** SWEET CARROTS FRUIT CUP CINNAMON ROLL PEACH CUP COOKIE **PEARS** GRAHAM SNACK GRANOLA BAR WAFFLE BREAKFAST BITES CEREAL & TOAST 16 18 15 NACHOS~CHIPS. CHEESE, MEAT. SALSA BEEFBURGER PIZZA HOT DOG CORN TRI TATOR CORN FRENCH FRIES NO SCHOOL LETTUCE SALAD ( HS ONLY) PINEAPPLE APPLESAUCE FINGER VEGGIES CHURRO ICE CREAM & COOKIE MANDARIN ORANGES PEARS CEREAL & TOAST BREAKFAST BAR GRANOLA BAR 2 ~ DONUTS 25 23 CORN DOG CHICKEN STRIPS TACOS ~ LETTUCE / CHEESE / L **TENDERLOIN** President's Nay CORN MASHED POTATOES / GRAVY FRENCH FRIES FRENCH FRIES NO SCHOOL PAIRS (PEARS) **SWEET CARROTS** BAKED BEANS MIXED FRUIT 2 COOKIES EARLY OUT 2:00 => / 7/77 MANDARIN ORANGES STRAWBERRIES EARLY OUT 2:00 GRAHAM SNACK CEREAL 28 PULLED PORK SANDWICH CHIPS BAKED BEANS